

SERENDIPITY
WELLNESS STUDIO



Custom Therapeutic Massage

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Come to Serendipity Wellness Studio, in Burke Virginia, to discover why our massage is like no other. We create each custom massage based on the individuality of our client. You tell us what you want: Total relaxation? Work out the kinks from sitting at the computer all day? You got it!

Each treatment is a combination of Swedish and deep tissue and other modalities, customized to your particular needs and preferences. Let your body completely relax into a different world, enjoy the heated table, the comforting ambiance, warming touches to ease tense muscles, aromatherapy, and the “ah” of hot towels. You’ll want to come back again and again!



Traditional Thai Massage



Come to Serendipity Wellness Studio, located in Burke, VA, for the most relaxing Traditional Thai Massage in Northern Virginia. This massage is a unique experience that incorporates stretching, palming, and pressure points over the entire body, providing both physical and psychological benefits. Using their palms, fingers, elbows, knees and feet, the therapist applies acupressure to the body's ten major energy channels or "Sen" lines. This technique is designed to release blocked energy and promote relaxation.



Pregnancy Massage:-The gentle, non-invasive approach of pregnancy massage can ease your discomfort and help prepare your body for labor. Massage during pregnancy can also bring back a sense of body-mind integration, putting you into a state of relaxation and calm acceptance of your continually evolving physical form. This soothing massage offers a natural, drug-free method of relieving the aches and pains of pregnancy. Visit Serendipity Wellness Studio in Burke, VA and discover the relaxation this massage has to offer.

Ashiatsu Oriental Bar Therapy



Inspired by Eastern massage techniques and adapted from ancient forms of barefoot massage, Ashiatsu (Ashi = foot; atsu = pressure) is a highly effective, deep tissue treatment for individuals who suffer from chronic neck and back pain.

Ashiatsu Oriental Bar Therapy® combines elements of Thai Massage, Japanese Shiatsu, and Indian Keralite massage with underlining dynamics of Traditional Chinese Medicine. Ashiatsu is highly effective for large athletes, individuals with thick musculature, and people who enjoy deep tissue massage. It decreases inflammation, increases lymphatic flow, and stimulates the body's own self-healing capabilities. Following treatment, clients experience deep relaxation, pain relief, improved posture, and enhanced physical structure and balance. Come visit our Burke, VA location so see why Serendipity Wellness Studio is one of the best in Northern Virginia for Ashiatsu Massage.

Organic Skin Care Facials

Let us pamper your face and décolletage with a stimulating facial and massage. Each facial consists of thorough cleansing, customized exfoliation treatment to remove dead skin cells and unclog pores, extractions, if necessary, a relaxing facial massage to release tension in the facial muscles and stimulate lymphatic flow, relaxing décolleté, neck and scalp massage, and application of a customized treatment masque to draw out impurities and minimize pore size.



Next we apply warm facial towels over your face, and use pressure point massage to maximize the benefits of the moist heat, and end your facial with our own all-natural Serendipity Facial Oil.

The Serendipity Facial is the most relaxing facial you will ever have!

Prices	starting	at
The Works (60 minutes)	\$100
Mini-facial (30 minutes-no facial massage, no extractions)	\$60
Ultimate “Works” Facial (90 minute)	\$145

Restoration Anti-Aging Facial

This facial features the Restoration Age Reversing cosmeceutical line from BlackBox Cosmetics. We use a combination of 6 revolutionary products that merge science with nature. Each product is created from a base of organic aloe and botanical extracts ... not water. They are organically and botanically preserved with no formaldehyde-releasing parabens.

BlackBox cosmeceuticals are scientifically designed to repair the damage and to bring forth younger, healthier looking skin. Each product contains its own unique blend of the most advanced age-reversing & rejuvenating skin-care nutrients on the planet.

60 minute \$130

GeniSkin Anti-Acne Facial

An addition to our "Works' Organic facial; we apply a collagen mask to whiten, moisturize and minimize pores. Your skin will thank you with renewed hydration, softness and improved elasticity

75 minute \$130

For more information please visit
<http://www.serendipitywellnessstudio.com>

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